

Here's the



# SCOOP

March  
April  
2010

Internet: [www.brparcs.org](http://www.brparcs.org) (Active Adult Section)

for Active Adults on the Go

## A Letter from Lavonne

### I am sick of winter!

So . . . I headed to Alabama for some spring. Actually, I went there to visit my mom who was having cataract surgery and to celebrate with my little brother who is turning 50. But instead of finding Spring I found winter there, too.

It was a fun road trip though. Me, my daughter Allie, and granddaughter Mady made a 10 hour trip in the car. We thought we had it all planned out. We left at Mady's nap time and planned on her being asleep for 3 hours. Ha Ha Ha. She slept for 30 minutes and then wanted someone in the back seat playing with her. Every time me or Allie ate something . . . Mady wanted something too – what we were having, not what we were offering. For dinner we stopped at a Cracker Barrel and let Mady entertain the whole place for awhile. Then instead of stopping at a hotel since it was Mady's bedtime, we just drove straight through while she was good and asleep.

While in Alabama my brother, who is a very dotting grandpa to his 7 year old granddaughter, cleaned out his garage of the many toys that he bought my niece Zoe and gave them to Mady. Now my brother never saw a toy that he didn't buy so that was quite a lot of toys. Made Christmas look like nothing.

It is always good to go home and then to go back to your own home. Hope all of you are staying warm and I also hope spring is near. Maybe one of our trips or activities will put a little "spring" in your step." Try our Yoga class! I'm doing it and it's definitely a work-at-your-own pace class and great for those of us who are "of a certain age."

## Lavonne's Update on Sheila

Sheila is now working on the "Conch Train" This is the train that picks up tourists from Cruise ships and gives them a tour of the island. I ask her how she remembered all that she is supposed to tell them and she said that she just makes up what she doesn't remember. Typical Sheila. She is having fun and loves life in the Keys. Says that the weather is great and Simon and Katie love it too. See page 11 for a photo and recent letter from Sheila.

## Jumer's Casino Trip

April 11 - 12

Leave Sun. 8:00am      Return Mon. 7:00pm

Depart/Return: Burr Ridge Community Center

This time we're offering an option to go to the Circa 21 Dinner Theatre (add \$50 to the fee) to enjoy a 6 entree buffet (including dessert) and the hilarious Church Basement Ladies 2: A Second Helping. The setting is 1969 in a small rural Minnesota community as folks protest the Vietnam war and women demand equal pay for equal work.

Code **SR25**      Min/Max **30/40**

<b>Fee</b>	Double Room:	\$145 per person
	Dinner & Theater:	\$50 additional
	Single Room:	\$180 per person
	Dinner & Theater:	\$50 additional
	Triple Room:	\$135 per person
	Dinner & Theater:	\$50 additional

**Includes deluxe motorcoach, lodging, breakfast buffet and lunch on Monday.**

# Play

**B** **BINGO BONANZA**  
**W** Wednesday, March 24  
**I** 10:00 - 11:30am  
**N** Code SR33 Min/Max 20/60  
**G** Burr Ridge Community Center  
**O** \$5.00 per person  
 \$3.00 per additional card  
 Bingo!!!! Come and play! We'll have a variety of games and plenty of prizes. Snack and beverages will be served.

## 3-Day Summer Oneida Trip



June 21 - June 23 Code SR23

Leave Mon. 8:00am Return Wed. 7:00pm

**Fee** Double Room: \$410 per person  
 Rebate: \$170  
 Single Room: \$465 per person  
 Rebate: \$190  
 Triple Room: \$340 per person  
 Rebate: \$170

### Monday

Depart BRCC 8:00am  
 Stop in Kohler, Wisconsin for tour and lunch  
 Arrive at Oneida

### Tuesday

Optional trip to Sturgeon Bay in Door County Door County Maritime Museum, rich with history of the area including a special exhibit "Ghosts: Haunted Lighthouses of the Great Lakes".

Lunch at Stone Harbor Resort

Cruise aboard the Harbor Lady Yacht – a fully narrated cruise. The Harbor Lady has an open upper deck and fully climate-controlled lower deck. Learn about and appreciate Door County from the water.

### Wednesday

Return home at 7:00pm (time is approximate)  
**Includes** deluxe motorcoach, food coupons, and rebates. Optional Tuesday trip.

**Deposit: \$25 to register per person – balance due May 22.**

Looking For Lincoln Trip  
**August 30 - 31**  
 Details in the next Scoop.



**Gaming, Lunch & Show**  
 See performer/comedian Charlie Prose

Wednesday, May 19

8:30am - 6:00pm

Fee \$45 (\$50) Code HC1

Depart/Return Burr Ridge Comm Center

8:30am	Leave BRCC
9:30am	Arrive at Horseshoe
9:30am – 1:30pm	Gaming
1:30pm	Lunch
3:00 pm	Performance
4:45pm	Depart
6:00pm	Arrive BRCC (time approximate)

**Includes** deluxe motorcoach transportation, lunch and show. Min/Max 20/40

# Rediscover Chicago

## Sanfilippo Mansion

3-Hour Docent-Guided Tour  
Lunch at Milrose Inn, Barrington  
Sanfilippo Fisher Nut Outlet



Sanfilippo Estate

Thursday, May 13  
10:30am - 6:00pm

Fee \$70 (\$75) Code SFM

Depart/Return Burr Ridge Community Center

10:30am Depart  
11:30am Lunch at Milrose Inn  
1:30 – 4:30pm Guided Docent Tour  
4:45pm Stop at Outlet  
6:00pm Return

We are going to explore the opulence of the astonishing multi-million dollar Sanfilippo Mansion in Barrington with a guided tour.



The Music Room

The tour includes the main residence, American Orchestrion Room, Arcade Room, Victorian Bar Room, Music Room (with a mini-concert on the world's largest indoor theater pipe organ) and the Carousel Venue. The featured room in the building is the Eden Palais Carousel. After the tour, we'll stop at the Sanfilippo Fisher Nut Outlet.



Carousel

Min/Max 10/20

Includes deluxe motorcoach transportation, lunch, admission and docent tour.

## The Bungalow Belt

Wednesday, March 24

9:00am - 4:00pm

McKinley Park, Gage Park, Chicago Lawn,  
Chatham, South Park Manor Historic District  
Green Bungalows

Fee \$60 (\$65)

Code CBB

Depart/Return Burr Ridge Community Center

Learn about the evolution of working class housing intertwined with social movements, enjoy the aesthetic evolution of the historic Chicago Bungalow, factories that supported the City Beautiful movement, and parks that were the envy of the world. **Includes deluxe motorcoach transportation, tour and lunch.** Min/Max 20/40

## Willis Tower Skydeck

Lunch at Lou Mitchell's

Monday, April 5  
8am - 4pm

Fee \$50 (\$55)

Code WTS

Depart/Return

Burr Ridge Comm Center

The view from the skydeck on the 103rd floor of the Willis/Sears Tower is amazing! On a clear day, you can see 40-50 miles – the beautiful Chicago architecture, Michigan, Indiana and Wisconsin.

Lou Mitchell's Restaurant and Bakery was established in 1923. It's located at the beginning of Route 66 and has hosted everyone from US Presidents to stars of stage and screen. It's a time-honored whistle stop on the campaign trails of many elected officials. AND...donut holes (milk duds to the ladies) are handed out when you walk in the door! **Min/Max 20/40**

**Includes deluxe motorcoach transportation, admission, audio tour & breakfast/lunch.**



# Luncheons

## Let's Do Lunch

### A Monthly Social Event

Fridays 12:00 - 2:00pm

Pay at the Door: \$12 per luncheon

Burr Ridge Community Center



## Kiss Me, I'm Irish

March 19

Code SR2-3

Come at 11:30 to hear details about a fabulous upcoming trip to Ireland presented by Citizens Bank (SEE FLYER ON PAGE 9/10 FOR DETAILS)

**Entertainment:** Singer Heather Braoudakis

**Menu (VFW):** Corned Beef and Cabbage, Fish, Potatoes, Rye Bread, Salad and Dessert

**Sponsored by:** Citizens Bank



## Cruisin' Hawaii

April 16

Code SR2-4

**Entertainment:** Flannery & Hamilton Musical Variety and Comedy

**Menu:** Polynesian Chicken, Beef Teriyaki, Pineapple Port, Tropical Yams, Hawaiian Salad and Dessert

**Sponsored by:** Citizens Bank



## Spring Surprise

UNDER CONSTRUCTION

Details in the next Scoop

**Sponsored by:** Seniors Helping Seniors



## Monday, April 19

12:00 - 2:00pm

Lisle Hilton\*

Fee \$32

Code SR74

Take a trip around the world with Nicko Naidenov and join us for our first Night Life In The Afternoon Series, designed just like your favorite swanky night-clubs around the world. Treat yourself to a great mini vacation – even the valet parking is included for this special afternoon get-away.

Your gourmet lunch includes turkey crepes, rice, fresh vegetables, and lemon berry mousse. After lunch, sit back and enjoy an armchair tour around the world. Keyboard artist and multi-language singer Nicko Naidenov will take you to Italy, Poland, Bulgaria, Russia, Serbia, and Greece as he plays your favorite songs from each nation. Nicko has an electrically charged stage presence, and you'll be amazed by his music and deep baritone voice.

\*Lisle Hilton is located at  
3033 Corporate West Drive, Lisle  
It's easy to get to and is just east of Naperville Road on the south side of Warrenville Road.

## Tuesday Night Knitting

Meets the 2nd and 4th Tuesdays at 7:00pm each month in the beautiful Community Center. Class is for beginners and accomplished knitters and is a "drop in" class. Call Barb at the Park District, 630-920-1969, for more about the Summer schedule.

# Theater/Trips

## Bobby Vinton

Live in Concert at  
Drury Lane

Tuesday, May 11

5:00pm - 10:30pm

Dinner: 6:00 - Performance: 8:00pm

Dep/Ret Burr Ridge Community Center

Fee \$70 (transportation on your own) Code BV1

Fee \$82 (take the bus) Code BV2

Treat yourself to the magic of Bobby Vinton, joined by an orchestra, to sing all his most beloved hits and many favorites. "Blue Velvet" "Roses are Red" "Mr. Lonely"...need we say more? **Min/Max** 20/40

### Menu

**First Course:** Potato Gnocchi, Caesar Salad, Tomato Basic Bisque Soup. **Entree:** Roast Port, Prime Rib, Pike Francais, Rigatoni Con Fungi, Chicken Provencal

**Includes deluxe motorcoach transportation, admission to show and dinner.**

## Billy Elliot

Ford Center, Oriental Theatre

Saturday, May 15

12:30 - 6:00pm Performance

Main Floor

Dep/Ret Burr Ridge Community Center

Fee \$35 (\$56) Code BE

Billy Elliot the Musical is based on the uplifting 2000 film Billy Elliot. The musical revolves around motherless Billy, who trades boxing gloves for ballet shoes. No lunch drop off. **Min/Max** 15/30

**Includes deluxe motorcoach transportation and admission.**

## Tour Northwest Indiana with Bill Hinchliff

Wednesday, May 26 9:00am - 4:00pm



The Florida House

Fee \$70 (\$75)

Code CBB

Depart/Return Burr Ridge Community Center

Tour the campus of Valparaiso University which includes the university chapel (a spectacular example of 1950s Modernism), and the impressive new university library. After lunch at Strongbow Inn in Valparaiso, head to Beverly Shores, in the heart of Dunes country, to see the National Register-listed South Shore Depot (also a museum and gallery) and the six homes (see below) that were moved here from the 1993-34 World's Fair after it closed.

**Min/Max** 20/40

**Includes deluxe motorcoach transportation, tour and lunch. Min/Max** 20/40

## 2010 Flower and Garden Show



Get Inspired - Get Educated - Get Motivated!

Dep/Ret Burr Ridge Community Center

Thursday, March 11 11:00am - 5:00pm

Fee \$35 (\$40)

Code TR21

Head out to Navy Pier with us and get a great start on fresh ideas for your garden. You'll love the lush theme garden displays, market place shopping, new plant varieties exhibit and more. **Min/Max** 20/40

**Includes deluxe motorcoach transportation and admission.**

# Get Healthy

## Ballroom Dance Lessons

**BASIC TO INTERMEDIATE**

**Mondays and  
Wednesdays  
1:00 - 3:00pm**

**Burr Ridge Community Center**

**Fee: \$8.00 per person**

Instructed by Fran Starr  
Certified Ballroom Dance Instructor with  
The National Dance Council of America

Join us, make new friends, and  
have a great time while you learn  
how to dance.

**Contact Fran: Home: (708) 371-7799**

**Cell: (708) 275-6273**

**Email: FStarr101@comcast.net**

**NO PARTNERS REQUIRED**



## Zumba

Dance your way to fitness.  
Burr Ridge Community Center  
Class Follows Pilates

### Ongoing Classes

**Mon & Wed  
6:50 - 7:30pm  
\$4 per class**

**Must purchase 5 classes at a time**

This fun, self-paced class will give you a great cardio workout. The class incorporates Latin & Spanish moves to different rhythms and music tempos. Learn the Bolero, tango, cha-cha, salsa and more! Wear comfortable clothes and gym shoes.

### Information About Active Adult Programs

#### How do I register for programs or trips?

Use the registration form in the Scoop or Park District brochure to register for trips and activities. Note: Only residents of BR Park District, Village of Willowbrook and Village of Countryside receive lowest rate.

The **Active Adult Program** is sponsored by the Burr Ridge Park District, the Village of Willowbrook and the Village of Countryside. All residents of these agencies over the age of 50 are invited and encouraged to participate in any or all aspects of the program.

**Coordinator:** Lavonne Campbell

**Office:** Burr Ridge Community Center  
15W400 Harvester Dr. Burr Ridge, IL 60527

**Phone:** 630-920-1969

**Office Hours:**

MO, TU, WE, FR: 8:30am - 4:30pm; TH: 8:30am - 6:30pm

#### Scoop Subscription

Fee: \$9 per year beginning in January. The Scoop, a bi-monthly newsletter, details events, times and locations of Active Adult activities.

#### Daily Activities for Active Adults

To join in one of the following programs, contact Lavonne Campbell at 920-1969 unless otherwise stated. All programs are held at the Burr Ridge Community Center at Harvester Park, 15W400 Harvester Drive.

**Pinochle**

**Mondays, 9:30am - 12pm**

**Tuesdays, 1 - 4pm**

**Thursdays, 12 - 4pm**

**Bridge**

**Thursdays, 12:30 - 4pm**

**Duplicate Bridge**

**Wednesdays, 10am - 2pm**

**Willowbrook Village Hall**

**7760 Quincy, Willowbrook**

**Contact Peggy Sapienza**

**630-850-9543**

## Friendly Yoga Class

**A thumbs-up from Lavonne**

Get those knots out of your neck, stretch the kinks out, and tone your body.

**Mon & Wed 4:45 - 5:30pm**

**Ongoing Classes**

**\$5 per class** (5-10 class punch cards/use anytime)

**Burr Ridge Community Center**

Class focuses on de-stressing your body as well as your mind. Breathing, posture and clearing the mind are some of the techniques taught. Benefits all areas of your body including circulatory and respiratory systems.

Bring a Yoga mat and wear comfortable clothing.



**Certified Instructor**

**Chantel Vestuto-Langford**

# Music & More

## Grant Park Music Festival at Millenium Park

Reserved seats    Transportation from BRCC    Snacks on Bus



### Vivaldi, Berlioz, Respighi

Grant Park Orchestra, Elina Vahala, Violin  
Berlioz: Roman Carnival, Vivaldi: Four Seasons, Respighi: Feste Romane

**Wed, June 16** Performance at 6:30    **4-9pm**  
Cost \$32 (\$37)    Code MP1-1

### Chopin, Kilar, Lutoslawski

Grant Park Orchestra, Krzysztof Jablonski, Piano  
Kilar: Krzesany, Chopin: Piano Concerto No 1, Lutoslawski: Concerto for Orchestra

**Wed, June 30** Performance at 8:00pm    **6-10pm**  
Cost \$32 (\$37)    Code MP1-2

### Tchaikovsky

Grant Park Orchestra, Renowned Cellist

**Wed, July 14** Performance at 6:30pm    **4-9pm**  
Cost \$32 (\$37)    Code MP1-3

### A Child of Our Time

Grant Park Orchestra and Chorus, Jonita Lattimore,  
Soprano, Anita Krause, Mezzo Soprano, Garrett  
Sorenson, Tenor, John Relyea, Bass  
Tippett: A Child of Our Time

**Fri, July 23** Performance at 6:30pm    **4-9pm**  
Cost \$32 (\$37)    Code MP1-4

### Mozart and Rossini Finales

Grant Park Orchestra, Artists of the Ryan Opera Center  
Rossini: La Cenerentola & L'Italian in Algieri  
Mozart: Don Giovanni, Le Nozze de Figaro

**Friday, August 6** Performance at 6:30pm    **4-9pm**  
Cost \$32 (\$37)    Code MP1-5

### Mahler: Symphony No. 2

Grant Park Orchestra and Chorus, Karina Gauvin,  
Soprano, Allyson McHardy, Mezzo Soprano  
Mahler: Symphony No 2 in C minor "Resurrection"

**Fri, August 20** Performance at 6:30pm    **4-9pm**  
Cost \$32 (\$37)    Code MP1-6



## Chicago Film Tour

Wednesday, April 14

**10:30am - 4:30pm**

Fee \$75 (\$80)    Code CFT

### Depart/Return Burr Ridge Community Center

We'll venture from Chinatown to Uptown, Lakeview to Downtown and everything in between. And you will learn the history of Chicago film-making, film lingo, site facts, behind the scenes trivia and more! The Chicago Film Tour hits more than 30 sites where over 50 movies were shot. Movies range from Hollywood blockbusters like **The Dark Knight** and **The Fugitive**, Chicago favorites like **Ferris Bueller's Day Off** and **The Blues Brothers**, and movie classics like **North by Northwest** and **The Sting**. Lunch will be your choice of Chicken Caesar Salad, Chicken Pot Pie, or Half Pound Black Angus Burger (please specify when you register.) **Min/Max 30/40**

**Includes deluxe motorcoach transportation, tour and lunch.**

## Shipshewana

### Flea Market

Tuesday, May 18

**7:30am-8:30pm**

Fee \$35 (\$40) per person    Code SR9-1

Dep/Ret Burr Ridge Community Center

The Shipshewana Flea Market has something for everyone...from antiques to plants. **Includes Deluxe Motorcoach transportation and stops along the way. Min/Max 24/44**



## Willowbrook Garden Club

To be a part of the best "Green Thumbers" in town, please call Jackie at the Village Hall, 630-323-8215, and leave your name and phone number.

**Winter Meeting Date:**

March 17





## Greetings from The Sunshine State & Sheila

Hey Everyone!

Sending you a picture of Engineer Shannon (aka Sheila). I'm having a great time...every day is like a vacation. I think I'll ride the Tour De France next year because my bike is the perfect "Conch Cruiser". I'm all over the Island. Had a bit of a scare last week...almost wiped out on a coconut! Didn't see it. Thought it was a branch. Started to lose control but hung on and kept her upright. Would have been a drag if I would have gotten my engineer's outfit dirty.

Lovin' my little train. I call her Coco. I love to blow the whistles. It's got this real cool bell and an airhorn. Tourists are jumping all over when I say "Little Train Comin' In...Toot Toot...watch out for the Little Train! Can't believe someone actually pays me for this. We've had some cold days, but all in all, it beats snow and 20 degrees.

Just pulled up all the carpet in the boat and put in a new wood floor. Today I ordered a new round carpet for the living room...bought it on line.

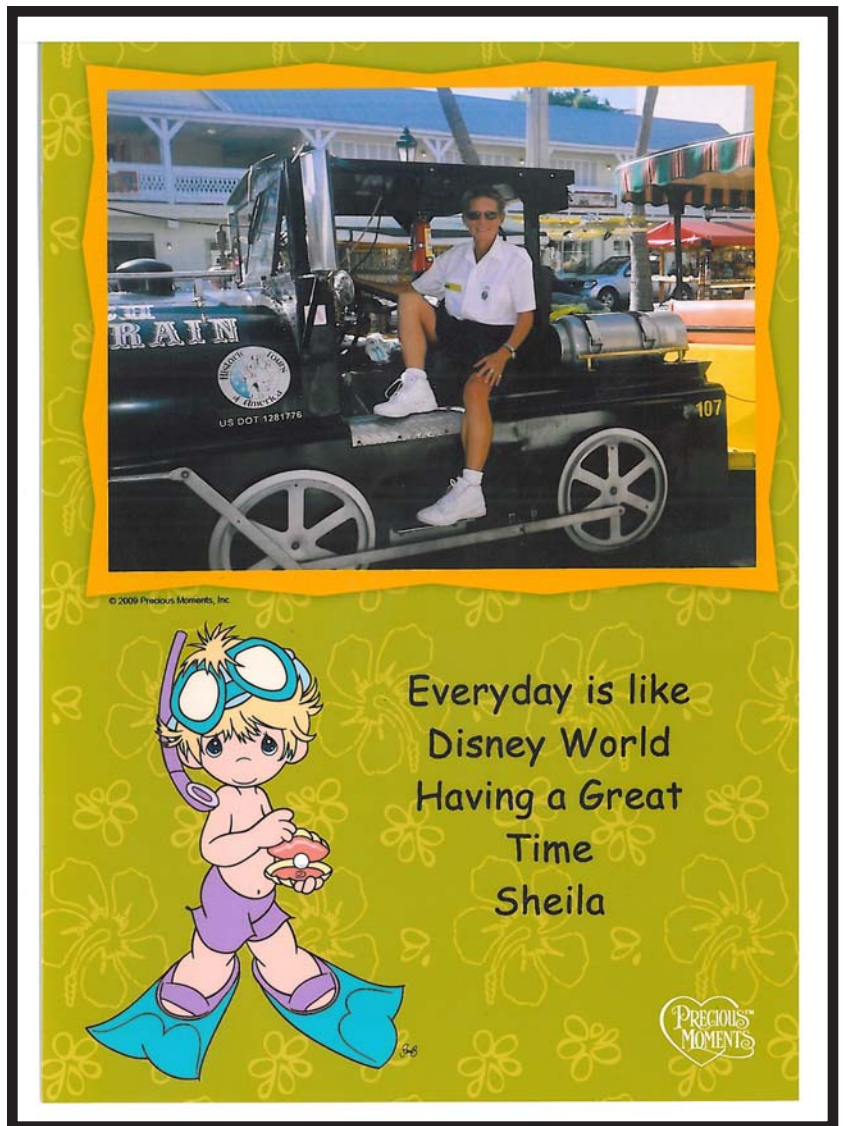
Meeting some really cool people, also some characters but the scary part is I can relate to them. Simon, Katie and I moved the boat about a month ago to a new marina called Sunset, because if I sit on the top deck I can watch the sunset over the Gulf at night . . . really pretty.

Simon and Katie are so cool. I think they like when the house moves. Name changes again! Simon "Popeye" and Katie "The unsinkable Sally.

The time goes by so fast and my days fly. Soon it will be pool weather. I'm having a ball with the tourists. They ask me questions and I make up answers and they say "Wow! That's Cool. How do you know all these things? I don't, but WHO CARES." As long as we have a good time, ain't that what life is about?

Miss all of you and think of you often. I hope all of you are as happy as I am and I hope everyone is feeling fine.

Love Ya's and Long May You Run



The Scoop is a joint effort by the Burr Ridge Park District, Willowbrook Parks & Recreation Department, and Countryside Recreation.

The Scoop for Active Adults  
 Burr Ridge Park District  
 15 W 400 Harvester Drive  
 Burr Ridge, IL 60527  
 630-920-1969



# CALENDAR OF EVENTS

## MARCH

11 (Thu) Flower and Garden Show  
 19 (Fri) Social: Kiss Me, I'm Irish  
 24 (Wed) Bingo Bonanza  
 24 (Wed) Architectural Tour: Bungalow Belt

## APRIL

5 (Mon) Willis Tower Skydeck  
 Lou Mitchell's Restaurant  
 11-12 (Sun-Mon) Jumer's  
 14 (Wed) Chicago Film Tour  
 16 (Fri) Social: Cruisin' Hawaii  
 19 (Mon) Around the World in 60 Minutes

## MAY

11 (Tue) Bobby Vinton at Drury Lane  
 13 (Thu) Sanfilippo Mansion Tour  
 15 (Sat) Billy Elliot **WAITLIST ONLY**  
 16 (Sun) Fashion Show & Afternoon Tea  
 18 (Tue) Shipshewana  
 19 (Wed) Horseshoe Casino  
 26 (Wed) Tour Northwest Indiana/Bill Hinchliff

## JUNE

16 (Wed) Millenium Park Concert  
 Vivaldi, Berlioz, Respighi  
 21-23 (Mon-Wed) Oneida 3-Day Summer Trip  
 30 (Wed) Millenium Park Concert  
 Pink Martini

## JULY

14 (Wed) Millenium Park Concert  
 Tchaikovsky  
 23 (Fri) Millenium Park Concert  
 A Child of Our Time

## AUGUST

6 (Fri) Millenium Park Concert  
 Mozart and Rossini  
 20 (Fri) Millenium Park Concert  
 Mahler



*Happy Easter  
 from your Burr  
 Ridge Park  
 District Family.*

