BURR RIDGE PARK DISTRICT

Sports Supplemental

Winter / Spring 2023

Soccer Shots Boys & Girls Ages 2-8

Enroll @ www.soccershots.com/dupage

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum, and communication. In addition, we provide an exceptional customer experience and ongoing communication with parents. Soccer Shots Jersey available for $20 uniform fee, payable to Soccer Shots. No equipment is necessary.

Willowbrook Sports and Performance Center
7850 S Quincy St, Willowbrook

Tuesdays, January 17 - March 14

Time	Age	Min/Max	Fee
9:00-9:30	2	4/8	$125
9:55-10:30	3-5	5 /12	$125

Fara Family Park
15W457 91st St

Thursdays, April 6 - May 25

Time	Age	Min/Max	Fee	Code
4:30-5:00	2	4/8	$125 ($135)	10334
5:15-5:50	3-4	5 /12	$125 ($135)	10335
6:00-6:35	4-5	5 /12	$125 ($135)	10336
6:45-7:30	5-8	5/12	$160 ($170)	10337

Harvester Park/BRCC
15W400 Harvester Dr.

Saturdays, April 8 - May 27

Time	Age	Min/Max	Fee	Code
10:00-10:30	2	4/8	$125 ($135)	10338
10:40-11:15	3-4	5 /12	$125 ($135)	10339
11:25-12:00	4-5	5 /12	$125 ($135)	10340
12:15-1:00	5-8	5/12	$160 ($170)	10342

RTC Training
7964 S Madison

Thursdays, January 19 - March 16

Time	Age	Min/Max	Fee
4:30-5:00	2	4/8	$125
5:05-5:40	3-5	5 /12	$125
5:45-6:30	5-8	5/12	$160

Willowbrook Sports and Performance Center
7850 S Quincy St, Willowbrook

Saturdays, January 21 - March 18

Time	Age	Min/Max	Fee
10:00-10:30	2	4/8	$125
10:35-11:10	3-5	5 /12	$125
11:15-12:00	5-8	5/12	$160

Complete Learning Soccer Academy **Ages:** 8-12 years

with Coach Dean Harding

Location: Harvester Park Soccer Field
Fridays April 14 – May 26
Time: 4:30-6:00pm
Fee: $200 ($210) Code: 10410

All skill levels welcome! Open to boys and girls. Players will be seeded appropriately by age and skill level. Join us for the Inaugural Season of Soccer at Harvester Park, where players will have the opportunity to train and play with the neighborhood in this fun and instructional learn-and-compete format.

Each session includes core foundational ball-skill training followed by mix-and-match: 3v3, 4v4 or 5v5 tournament play. Players will develop essential ball control skills— and test their skills in small-sided tournament structure.

Dean Harding is an assistant coach for a BIG10 University here in Chicago, IL within the women's side of the program. Dean has decades experience in youth talent evaluation and development and is a former youth academy director at West Ham United and Arsenal FC of the English Premier League. A native of London, England, Dean holds the UEFA A License, US Soccer National B License and Masters in Sport Performance.
Min/Max: TBD

Softball Training Clinic Ages: 9-12 years

Sundays Mar 5 -March 19 4:15-5:45pm
Location: Hinsdale South Fieldhouse
Fee: $90 ($95) **Code:** 10242

Prepare for the upcoming season and polish up your throwing, fielding and hitting skills. Intensive work on fundamental skills and drills are the primary focus during this three-week program. All participants need a glove, bat and helmet to each clinic. Mark Pasqualini leads this program. He is a former NCAA Division I baseball player who has been involved in coaching baseball and softball for twenty-five years. He is currently the director of a travel softball program and a head varsity softball coach with IHSA certification in addition to Recreation Service Coordinator for the Burr Ridge Park District. **Min/Max:** 6/16

Q-Club Ages: 9-12

Basic Quarterback Skills and Training

Sundays Jan 8-Feb 19 4:15-5:30pm
(No class on 2/12)
Location: Hinsdale South Fieldhouse
Fee: $65 ($70) **Code:** 10243

This new football program will help young athletes learn basic footwork skills, throwing techniques and basic passing strategy for quarterbacks. Each workout will not only be challenging, but fun and educational as well. Each class is broken down into drills session and games meant to encourage the learning process, participants should be familiar with the rules of football. **Min/Max:** 6/16
Instructor: Mark Pasqualini

Basketball

Winter
Instructional Basketball

Sundays **Ages** 4-6

January 8 – February 19

4:10 – 5:00pm

No Class 2/12

Hinsdale South Fieldhouse

Fee $70 ($75) **Code** 10248

Searching for a great intro to basketball for your child? These programs focus on basic fundamentals with scaled down basketball and lower nets. Basic ball handling, passing, and shooting skills will be taught. all participants receive a program t-shirt.

Min/Max 10/20

1st – 2nd Grade League

Sundays Game Times: 4:30pm - 6:00pm

January 8 – March 12

Hinsdale South Field House **Min/Max** 20/40

Fee $75 ($80) **Code** 10249

No Games Feb 12 & 26

Players (boys and girls) will get their first taste of "league" orientated basketball. The philosophy of the program is to teach all participants the basic skills and strategies of basketball and to guarantee each player an equal amount of playing time through rule modifications. The first two meetings are for practice and team orientation. All games will be officiated. Each player will receive a team jersey. Volunteer coaches are needed!

Call BRPD, 630-920-1969 for more information.

Instructor: Park District Staff

Team Registration is Encouraged.

5th – 6th Grade League
7th – 8th Grade League

(4-8 teams per league)
Tuesday & Thursday

January 10 – March 16

Fee $130 ($140) **Min/Max** 36/72
Grades 5-6 **Code** 10250
Grades 7-8 **Code** 10251

No Games 1/16, 2/20

Player Evaluation
Jan. 10th & 12th

5th – 6th grade	6:30 - 8:00pm	NEW GYM
7th – 8th grade	6:30 - 8:00pm	OLD GYM

Team Practices
January 17, 19, 24 Assigned by Team

Game Times are Scheduled as Follows
Games Begin January 31th
Tuesday & Thursday Gower Middle School
6:30pm, 7:20pm or 8:10pm

Information

- Team registration is encouraged. Get a group of friends together and a parent to coach!
- Contact Mark @ Mpasqualini@brparks.org for roster information
- This is a recreation team league, not a travel team league
- Individual registration is accepted
- Player requests are also accepted, however a parent volunteer coach is required for requests of 2 or more players
- Each team plays 10 games plus playoffs
- Official game schedule is released on January 24
- Games feature music and public address
- Each player will receive a team jersey and weekly copy of the "Bricklayer," the league information source

Volunteer Coaches Meeting at BRCC
All Leagues
Wednesday Jan 9th 6:00-7:00 pm

Volunteer coaches are needed!
Call the Burr Ridge Park District
630-920-1969 For more information.

Elite Club Volleyball

Ages 8-14 Mondays at Score Sports Center (8300 Wolf Road, Willow Springs) Min/Max 10/25
Wednesdays at Connect 44 Center (1514 S. Main Street, Lombard)
4:30pm -6:00pm

January 16-March 12
Beginner Mon only Fee:$150 **Code** 10292
Advanced Mon and Wed Fee:$250 **Code** 10294

Please join us in the Chicago Elite Developmental League. In this league, your player will have the opportunity to learn the fundamentals and rules of volleyball. Chicago Elite Volleyball Club will provide the staff and coaches for this league, so your child will receive excellent training from skilled volleyball coaches. Lastly, your child will have the opportunity to play in games against other teams within the league to raise their competition level!

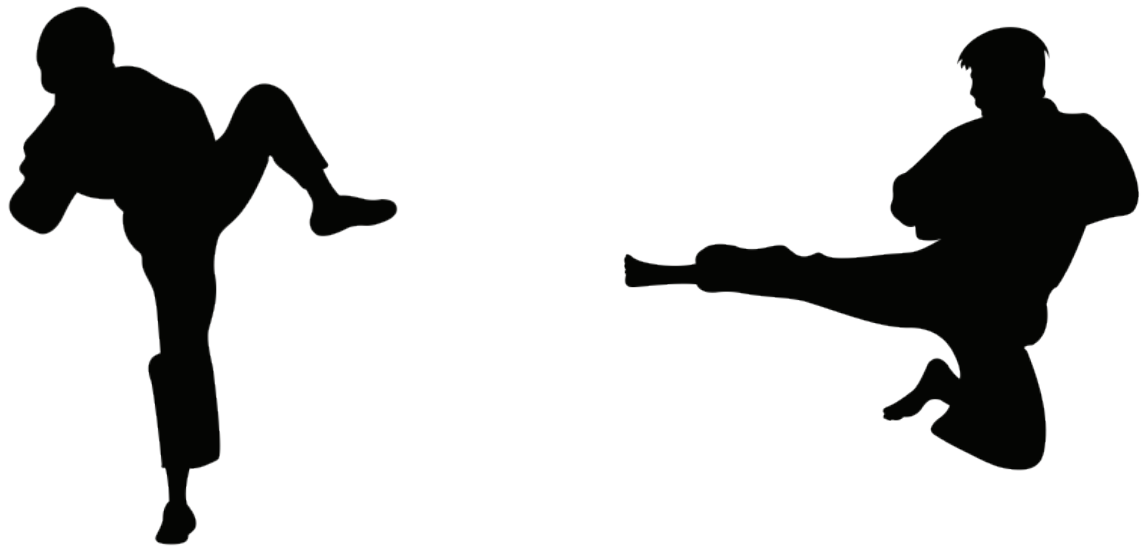
Tae-Kwon-Do Ages: 6 & Up

LOCATION: Westmont Community Center, Room 3/4
75 E. Richmond Street

Imagine what an advantage you will have now, and in the future, by learning martial arts today. Do you like to stretch, kick, punch, relieve stress, and feel good? The benefits of Tae-kwon-Do include character building, confidence, self-esteem, discipline, respect, focus, perseverance, physical fitness, improved balance, coordination, strength, flexibility, and self-defense. Imagine that "attitude is everything" and you will never give up in any aspect of your life. This is Tae-kwon-Do! Uniforms and headbands can be purchased on the first day. New students are asked to arrive at 5:30pm to learn about the program and purchase uniforms. **Min/Max 1/5**

DAY	DATE	TIME	R/NR FEE	CODE
Th	12/1-1/26 (no class 12/29)	6:00-7:00P	$65/$75	10411
Th	2/9-3/30	6:00-7:00P	$65/$75	10412
Th	4/13-6/8 (no class 6/1)	6:00-7:00P	$65/$75	10413

INSTRUCTOR: Barry Weisberg



Indoor T-Ball league

Boys & Girls **Ages** 4-5

Winter Warm-Up League

Sundays – Hinsdale South High School

January 15 – March 5 5:00 – 6:00pm

No Class 2/12 & 2/26

Fee $60 ($65) **Code** 10244

Your little ball player can prepare for the upcoming season in BRPD's 6-game winter program. The goal of the league is to let the kids play T-ball. The league is open to 4 and 5 year old players who have played one season of T-ball and know how to do the following: throw a baseball, swing a bat properly, catch a ground ball, and run the bases in the correct order. Park staff will organize teams and games. Parents are encouraged to help coach. Fee includes a team shirt and hat. BRPD will provide bats, balls, and extra gloves if needed, and other equipment. Players should bring their own glove and gym shoes. If you are seeking instruction for your child, please refer to the "Spring Training" program. **Min/Max** 16/40

Final Class – March 5: Kids vs. Parents Day

Spring Training

Baseball Classes

Ages 4-8

Wednesdays at Gower West School

February 1 – March 8

Fee $60 ($65) (No Class 2 dates TBA)

T-Ball Ages 4-6

6:30 – 7:15pm

Code 10245 **Min/Max** 10/24

Instructional Baseball **Ages** 7-8

7:15 – 8:00pm

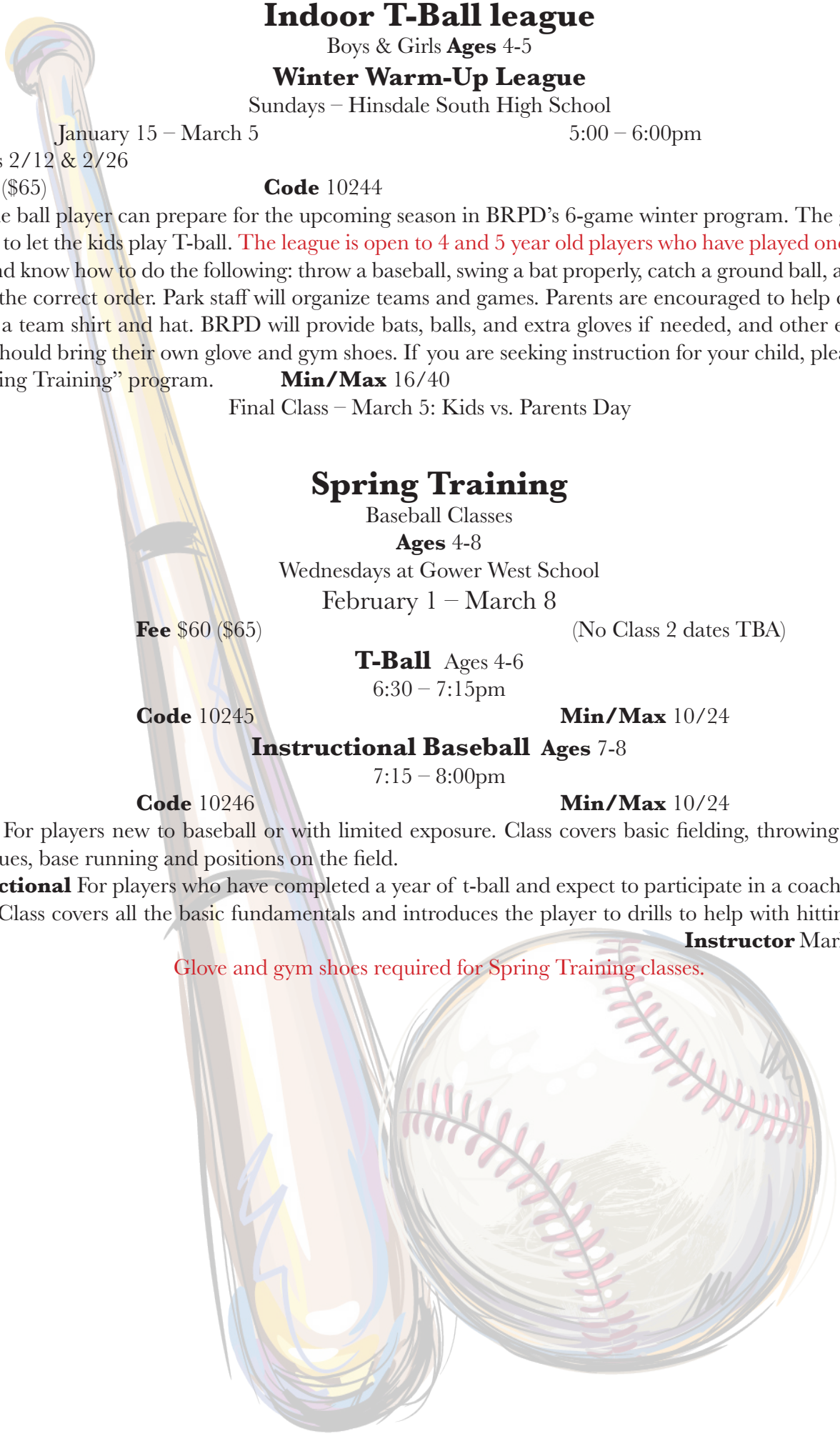
Code 10246 **Min/Max** 10/24

T-Ball For players new to baseball or with limited exposure. Class covers basic fielding, throwing and hitting techniques, base running and positions on the field.

Instructional For players who have completed a year of t-ball and expect to participate in a coaches pitch this spring. Class covers all the basic fundamentals and introduces the player to drills to help with hitting a pitched ball.

Instructor Mark Pasqualini

Glove and gym shoes required for Spring Training classes.



High School Dodgeball

Hinsdale South Fieldhouse
Dates: Sundays March 5, 12 and 19
Time: 4:30pm-6:00pm
Location: HSHS Fieldhouse, Courts 3 and 4

Fee: $20 ($25) Code: 10432

Dodgeball is intended to be a fun, recreational activity. Teams will be changed several times each night and everyone will get to participate with their friends and against their friends. **Min/Max:** 12/36
All participants are expected to follow these simple rules:

- Open to High School Students only
- Good sportsmanship is expected.
- Treat everyone with respect.
- No intentional head shots.
- Instructor's rules and decisions are final.
- Be prepared for FUN!

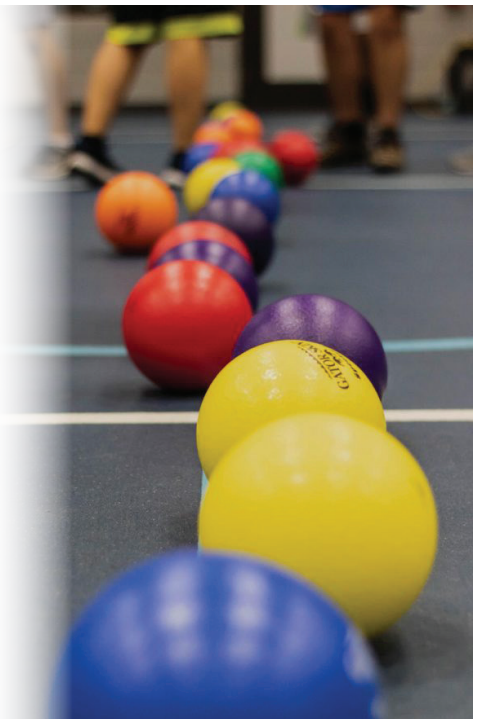
Dodgeball League

Ages 6-10
Wednesdays 7:30 – 8:30pm
Gower West
Fee $65 ($70) 6 weeks

January 18 – February 22 **Code** 10234

Participants are divided into teams for game play. Rules vary according to the instructor's discretion. All players will receive a shirt. "Gatorskin" in-door balls are used. **Min/Max** 16/24
Instructor Park District Staff

Dates are subject to school availability.



It's Game Time Ages 7-10

Tuesday's 6:00pm - 7:30pm
Burr Ridge Community Center **Min/Max** 6/16

Fee $40 ($45)

Session 1	**Nov. 29 - Dec. 13**	**Code** 10189
Session 2	**Jan. 10 - Jan. 24**	**Code** 10190
Session 3	**Feb. 7 - Feb. 21**	**Code** 10191

Popular indoor games to break up the winter blues. Board games, chess, checkers, hide and seek, video game challenges, safe and fun challenges, and scientific experiments will be featured every week. A snack and beverage is served each week. Bring a water bottle and mask.

Winter/Spring Fencing

Mondays
Ages 8 and up **Max** 5
Burr Ridge Community Center
15W400 Harvester Dr

Want to wield a foil? Fencing class teaches students the basics of attack and defense of fencing. Students will learn moves and strategies that creates the foundation for their fencing game. Each class will have instruction and bouting (actual fencing). all equipment provided. This class is for beginners and advanced fencers.

Beginner Class 6:00-6:55pm

Jan 9 - Feb 20	**Code** 10305	**Fee** $70/$80	**Additional Child Fee** $35/$40
Feb 27 - April 17	**Code** 10306	**Fee** $70/$80	**Additional Child Fee** $35/$40
No Class 3/27			
April 24 - June 5	**Code** 10307	**Fee** $70/$82	**Additional Child Fee** $35/$40

Advanced Class 5:00-5:55pm

Jan 9 - Feb 20	**Code** 10308	**Fee** $70/$80	**Additional Child Fee** $35/$40
Feb 27 - April 17	**Code** 10309	**Fee** $70/$80	**Additional Child Fee** $35/$40
No Class 3/27			
April 24 - June 5	**Code** 10310	**Fee** $70/$82	**Additional Child Fee** $35/$40

Outdoor Ice Skating

Fara Family Park

(Across the street from Burr Ridge Middle School)

91st & Royal Dr. Open Dawn-10pm

For Updated Conditions/Concerns
Call the Hotline 630-920-1969, X3

Harvester Park

(On sand volleyball surface)

15W400 Harvester Dr. Open 7am-Dusk

For Updated Conditions/Concerns
Call the Hotline 630-920-1969, X3

Ice Area Usage Schedule

Mon, Wed, Fri
Hockey activity allowed

Tues, Thurs
Free skating

Saturday
Free skating: Dawn - 1pm
Hockey allowed 1-10pm

Sunday
Hockey allowed Dawn-1pm
Free skating allowed 1-10pm

No hockey allowed when free skaters are on the premises.

Lighting: Lighting is not athletic quality but provides adequate illumination for skating.
Rules & Regulations: For rules and regulations see posted sign at ice area.
Note: Ice skating area may be subject to closure for maintenance or inadequate conditions. If the conditions are not conducive to skating, signage will be posted. Please obey the direction to stay off the ice, as activity at this time will result in further delays.

Contact the Burr Ridge Park District for information regarding ice skating at Harvester Park, 630-920-1969.

Ice Area Usage Schedule

This small rink is for younger children and caretakers and is not advised for teens or adult play. This location has unique hydrology and its quality is easily impacted by changing weather. Contact the hotline for operating status of this rink throughout the winter for the latest updates.

The Hunt is ON!

Egg Hunt

at Harvester Park

Saturday April 1st
1:00 pm
Burr Ridge Park District Community Center
Pre-Registration required! Max 150

All children must be accompanied by an adult
Easter Egg Hunt at 1:00 Sharp
Photo Opportunity and Cookies after Hunt

Fee: FREE

Age 0-3	**Code** 10286
Age 4-7	**Code** 10287
Age 8+	**Code** 10288

Proudly Sponsored by

PNC BANK

Hopcakes with the Bunny

The Willowbrook/Burr Ridge
Kiwanis Club presents
Pancake Breakfast with the Bunny
Saturday April 1st
8:30am- 11:00am
$7 per Person at the door
No Registration Needed

Gower West School
7650 Clarendon Hills Rd, Willowbrook

Includes:
All You Can Eat Pancakes with Toppings,
Sausage, Milk, Coffee, OJ

Picture opportunity with The Bunny, Children's Crafts, Games & Activities, DJ